



Daniel's Kitchen Winter Menu

-  VEGAN
-  VEGETARIAN
-  GLUTEN-FREE

Wraps, Pitas & Sandwiches

Tasty goodness served up as a pita, sandwich, or wrap. Includes your choice of raw veggies or healthy chips.

The Mexican



Vegetarian refried beans, romaine lettuce, sliced tomatoes, avocado, onions, black olives, and grated cheese. Comes with salsa and sour cream on the side. Available in a wrap or pita. Suggested donation price \$7.00

The TLT



Classic TLT featuring sautéed tempeh bacon or vegetarian Stripples™ with lettuce, tomatoes, and vegan mayonnaise. Available in a wrap, pita, or sandwich. Suggested donation price \$8.50

The Greek



Hummus, romaine lettuce, thinly sliced cucumbers, grilled peppers, onions, & black olives with your choice of hummus, Tzatziki sauce or homemade ranch dressing. Available in a wrap or pita. Suggested donation price \$8.50

The Breakfast Scramble



Your choice of scrambled egg or seasoned tofu, grilled vegetables, fresh tomatoes, cilantro, & cheese. Available as a wrap or as a Power Bowl with toast on the side. Suggested donation price \$6.25

Wraps, Bread & Dressing Options

Wrap Options: Whole Wheat, Spinach, Sun-dried Tomato, Cheddar Cheese Jalapeno Pepper, Gluten-free

Bread Options: Whole Wheat, Sprouted Wheat, Rye, Raisin Bread, Gluten-free

House Dressings: Chipotle, Citrus, Creamy Cucumber, Garlic Italian, Poppy Seed, Ranch, Raspberry Vinaigrette, Thousand Island

Salads

Taco Salad (also known as a Haystack)



Fresh spring mix or romaine lettuce, seasoned beans, black olives, tomatoes, onions, cucumbers, & shredded cheese, stacked on a bed of chips. Comes with salsa, sour cream, and your choice of dressing. Suggested donation price \$6.50

Greek Salad



Fresh spring mix, cherry tomatoes, red onions, cucumber & seasoned tofu with your choice of dressing. Suggested donation price \$6.50

Power Bowls

Sweet Potato & Black Bean Bowl



Featuring seasoned black beans, seasoned quinoa, roasted sweet potato and fresh greens. Suggested donation price \$4.95

Bean Burrito Bowl



A healthy serving of seasoned pinto beans and tasty brown rice, with fresh salad, salsa, and sour cream—all packed into a seriously powerful bowl. Suggested donation price \$4.95

Grilled Fajita Bowl



Roasted fajita vegetables, seasoned chickpeas, brown rice, roasted sweet potatoes, fresh veggies, and choice of dressing. Suggested donation price \$4.95

Kid's Menu

Grilled Cheese Panini Sandwich



Cheddar or provolone cheese on your choice of rye or sprouted wheat bread. Available as a sandwich only. Suggested donation price \$3.95

PB&J



On your choice of bread or as a roll-up. Try it grilled sometime! Suggested donation price \$2.95